

Kinoflex-MR 4 Tablet

COMPOSITION: Each Kinoflex MR 4 Tab contains

Thiocolchicoside (4mg) + Aceclofenac (100mg) + Paracetamol (325mg)

STORAGE

- Store below 30°C
- Store in a cool & dry place away from direct sunlight
- Keep it out of reach of children

PRODUCT INTRODUCTION

Kinoflex MR 4 Tablet is a combination medicine that helps in relieving muscular pain. It works by blocking the release of certain chemical messengers that cause pain, inflammation, and fever. This improves the movement of muscles and provides relief from pain and discomfort.

Kinoflex MR 4 Tablet should be taken with food. This will prevent you from getting an upset stomach. The dose and duration will depend on the severity of your condition. You should keep taking the medicine even if you feel better until the doctor says it is alright to stop using it.

Using this medicine may cause few common side effects such as nausea, vomiting, heartburn, stomach pain, diarrhea, loss of appetite, and dryness in the mouth. If any of these side effects do not resolve with time or get worse, you should let your doctor know. Your doctor may be able to suggest ways of preventing or reducing the side effects. In general, you should try to use the smallest amount necessary to control your symptoms.

Before using the medicine, you should tell your doctor if you have any other medical conditions or disorders. To make sure it is safe, you should let your doctor know all the other medicines you are taking. Also, tell your doctor if you have any problems with your liver or kidneys. You should avoid the consumption of alcohol while on treatment with this medicine. Pregnant and breastfeeding women should consult their doctors first before using the medicine.

USES OF KINOFLEX-MR 4 TABLET

- Treatment of Muscular Pain

BENEFITS OF KINOFLEX-MR TABLET

In Treatment of Muscular pain

Kinoflex MR 4 Tablet is a combination of one muscle relaxant and two pain relievers.

Kinoflex MR 4 Tablet works by causing the muscles to become less stiff. It also blocks the action of certain chemicals that causes pain and swelling in the muscles. Altogether, it helps in easy movement. Kinoflex MR 4 Tablet can help you do your daily activities without any problem. It is advisable to continue taking Kinoflex MR 4 Tablet until your doctor advises you to stop.

SIDE EFFECTS OF KINOFLEX-MR TABLET

Most side effects do not require any medical attention and disappear as your body adjusts to the medicine. Consult your doctor if they persist or if you're worried about them

Common side effects of **KINOFLEX-MR TABLET**

- Nausea
- Vomiting
- Heartburn
- Stomach Pain
- Diarrhoea
- Loss of appetite
- Dryness in mouth

HOW TO USE KINOFLEX-MR TABLET

Take this medicine in the dose and duration as advised by your doctor. Swallow it as a whole. Do not chew, crush or break it. Kinoflex MR 4 Tablet is to be taken with food.

HOW KINOFLEX-MR TABLET WORKS

Kinoflex MR 4 Tablet is a combination of a muscle relaxant (Thiocolchicoside) and two pain relievers (Aceclofenac, Paracetamol). The muscle relaxant works on the centers in the brain and spinal cord to relieve muscle stiffness or spasm and improve movement of muscles. The pain relievers work by blocking the release of certain chemical messengers in the brain that cause pain and inflammation (redness and swelling).

SAFETY ADVICE



Alcohol

CONSULT YOUR DOCTOR

It is not known whether it is safe to consume alcohol with Kinoflex MR 4 Tablet. Please consult your doctor.



Pregnancy

CONSULT YOUR DOCTOR

Information regarding the use of Kinoflex MR 4 Tablet during pregnancy is not available. Please consult your doctor.



Breast feeding

CONSULT YOUR DOCTOR

Information regarding the use of Kinoflex MR 4 Tablet during breastfeeding is not available. Please consult your doctor.



Driving

CONSULT YOUR DOCTOR

It is not known whether Kinoflex MR 4 Tablet alters the ability to drive. Do not drive if you experience any symptoms that affect your ability to concentrate and react.



Kidney

CONSULT YOUR DOCTOR

There is limited information available on the use of Kinoflex MR 4 Tablet in patients with kidney disease. Please consult your doctor.



Liver

CONSULT YOUR DOCTOR

There is limited information available on the use of Kinoflex MR 4 Tablet in patients with liver disease. Please consult your doctor.

WHAT IF YOU FORGET TO TAKE KINOFLEX-MR TABLET?

If you miss a dose of Kinoflex MR 4 Tablet, take it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and go back to your regular schedule. Do not double the dose.

Quick tips

- You have been prescribed Kinoflex MR 4 Tablet to relieve pain due to muscle spasm.
- This medicine is most effective when taken along with proper rest and physical therapy.
- Avoid consuming alcohol when taking Kinoflex MR 4 Tablet as it may cause excessive drowsiness and increase the risk of liver damage.
- Older adults may have increased drowsiness, confusion, and higher risk of falling as a result of taking Kinoflex MR 4 Tablet.
- Do not take it with any other medicine containing acetaminophen (drugs for pain/fever or cough-and-cold) without asking your doctor first.

FAQs

Q. Can the use of Kinoflex MR 4 Tablet be stopped when my pain is relieved?

Kinoflex MR 4 Tablet is usually used for short term and can be discontinued when the pain is relieved. However, Kinoflex MR 4 Tablet should be continued if advised by the doctor.

Q. Are there any specific contraindications associated with the use of Kinoflex MR 4 Tablet?

The use of Kinoflex MR 4 Tablet is considered to be harmful for patients with known allergy to painkillers or any of the components or excipients of this medicine. The use of this medicine should preferably be avoided in patients with a history of stomach ulcers or in patients with active, recurrent stomach ulcer/bleeding. It should also be avoided in patients with a history of heart failure, high blood pressure, and liver or kidney disease.

Q. Can Kinoflex MR 4 Tablet be taken with vitamin B-complex?

Yes, Kinoflex MR 4 Tablet can be taken with vitamin B-complex preparations. While Kinoflex MR 4 Tablet helps to relieve pain, vitamin B-complex can help to correct the vitamin deficiency that might be causing your symptoms.

Q. Can the use of Kinoflex MR 4 Tablet cause damage to kidneys?

Yes, the long-term use of Kinoflex MR 4 Tablet can cause damage to the kidneys. Normal kidneys produce a chemical called prostaglandins that protects them from damage. Use of painkillers lowers the

levels of prostaglandins in the body leading to kidney damage on long-term use. Use of painkillers is not recommended to patients with underlying kidney disease.

Q. Will Kinoflex MR 4 Tablet be more effective if taken in higher doses?

No, taking more of this medicine will not make it more effective, rather it can lead to increased side effects. If the symptoms are getting severe, please consult the doctor for re-evaluation.

Q. Can the use of Kinoflex MR 4 Tablet cause damage to liver?

Kinoflex MR 4 Tablet contains Paracetamol. These medicines are known to cause harm to the liver especially in the doses above the recommended level. Also, avoid drinking alcohol while taking this medicine, as it may further increase your risk of liver damage. Use of this medicine should preferably be avoided in patients with underlying liver disease. Contact your doctor immediately if you notice any early signs and symptoms of liver damage. These symptoms may include fever, rash, loss of appetite, nausea, vomiting, fatigue, stomach pain, dark urine, yellow skin or eyes and abnormal liver enzymes.

Q. What are the instructions for storage and disposal of Kinoflex MR 4 Tablet?

Keep this medicine in the container or the pack it came in, tightly closed. Store it according to the instructions mentioned on the pack or label. Dispose of the unused medicine. Make sure it is not consumed by pets, children and other people.